



## Emergency Response Training Institute

# PALS Initial Provider Course Registration Letter

### Time:

Day One = 8:00 AM until approximately 4:30 PM

Day Two = 8:00 AM until approximately 3:00 PM

### Location:

Indiana University Health – Methodist Hospital

Wile Hall, Room 434

### Registration

Registration begins 30 minutes prior to class start time. Please plan to be on time. Methodist Hospital employees should park as usual. There is free parking in the surface lot behind the Uniform House at 19<sup>th</sup> & Capitol. Students are expected to attend and actively participate in the entire course. If you arrive after 0800, you will not be allowed to stay in the course.

### How to Prepare for the Course

Obtain a current *PALS Provider Manual*. Please check with your clinical manager and /or clinical educator to obtain a copy if available. If you would like to purchase a book, you may find them at the Barnes and Noble IUPUI Bookstore or online at any AHA vendor. The PALS Provider Course is designed to teach you the lifesaving skills required to be both a team member and a team leader in either an in-hospital or out-of-hospital setting. Because the PALS Provider Course covers extensive material in a short time, you will need to prepare for the course beforehand.

### Pre-course Requirements

You should prepare for the course by doing the following:

**1. Cases and Algorithms**

Review and understand the information in your *PALS Provider Manual*. Be familiar with the PALS algorithms so that you can apply them to clinical scenarios. **Note:** the PALS course does not present the details of each algorithm.

**2. CPR Competency**

Review and understand the information in the *BLS for Healthcare Providers Manual*. The resuscitation scenarios require that your BLS skills and knowledge are current. You will be tested on adult 1-rescuer CPR and AED skills at the beginning of the course. We will provide practice time prior to testing.

**3. Self-assessment (MANDATORY)**

Complete the self-assessment by clicking on the link provided in the new manual. A password is included. You will not be taught how to read or interpret ECGs in the course, nor will you be taught details about PALS pharmacology. Use this assessment to identify areas where you need to increase your knowledge and do self-study so that your scores are 70% or higher.

### What This Course Does Not Cover

The PALS Provider Course does not teach algorithms, ECG or pharmacology information. If you do not learn and understand the ECG and pharmacology information in the pre-course assessment tests, it is unlikely that you can successfully complete the PALS Provider Course.

### What to Bring

Bring your *PALS Provider Manual* to each class as you will need it during each lesson in the course. You may refer to the *Handbook of Emergency Cardiovascular Care for Healthcare Providers* (optional), and you may bring it to the course to use as a reference during some of the stations in the course.



Indiana University Health

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### **What to Wear**

Please dress comfortably in your usual work attire. Participants will be utilizing simulation to practice real life emergencies. Wearing your usual work clothing increases fidelity in simulation. You may be practicing skills that require you to work on your hands and knees and the course requires bending, standing and lifting. If you have any physical condition that might prevent you from engaging in these activities, please tell an instructor. The instructor may be able to adjust the equipment if you have back, knee or hip problems.